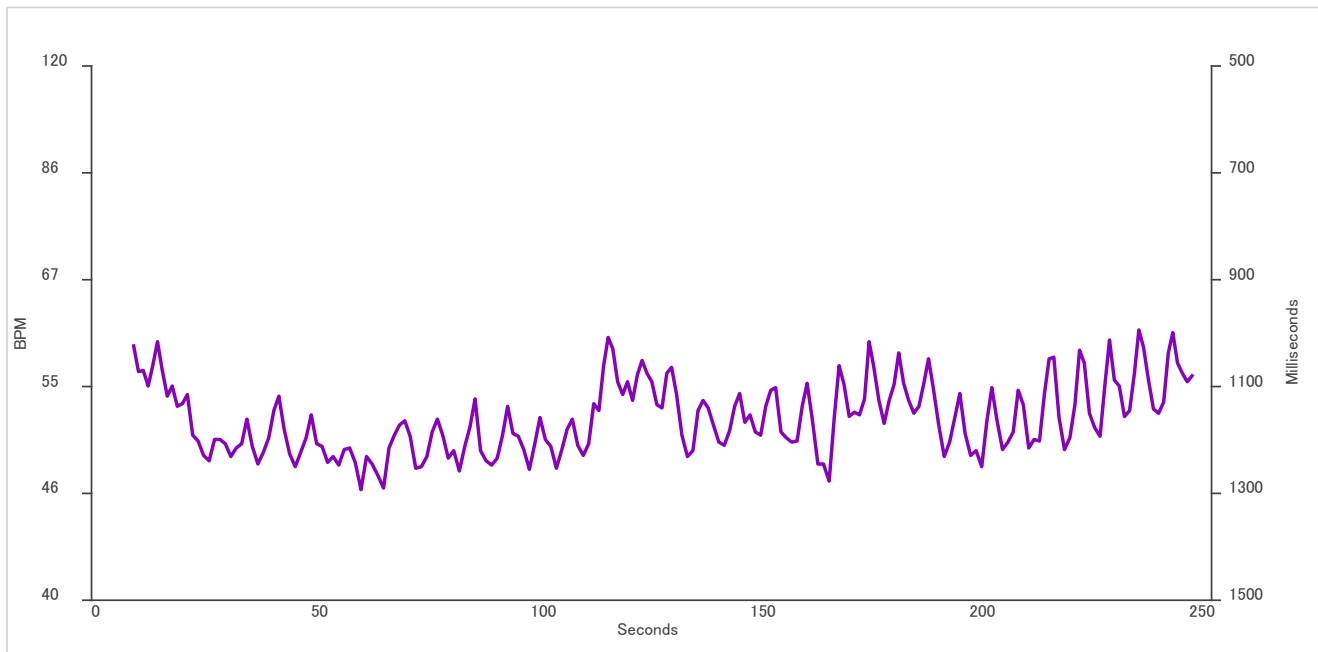


# HRV Assessment

Name hide  
 Gender Male  
 Age 33

Date 2016年8月28日 17:30:56  
 Duration 3:57 Minute

## HRV



MEASURE	YOUR VALUE	LOG	UNITS
Duration	03:57 (4.0)		Min:Sec (minutes)
Number of RR Intervals	204		
Mean Heart Rate	52.0		Beats Per Minute (BPM)
Mean Inter Beat Interval	1157.4		Milliseconds (ms)
SDNN	66.7		Milliseconds (ms)
RMSSD	46.3	3.8	Milliseconds (ms)
Total Power	1218.3	7.1	milliseconds-squared/Hz
Very Low Frequency	692.0	6.5	milliseconds-squared/Hz
Low Frequency	443.0	6.1	milliseconds-squared/Hz
High Frequency	83.3	4.4	milliseconds-squared/Hz
Low Frequency/High Frequency ratio	5.3	1.7	milliseconds-squared/Hz
Normalized Coherence	48.1		Percent